

Grab and Go Summer Breakfast Menu 2019

Targeted Services, Highview, Meadow Lake #STEMtastic, Northport #smART, Secondary ESY, Summer Academy, ACTNow!

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Cinnis Protein Item Whole Fruit and/or Juice Milk	Muffin Protein Item Whole Fruit and/or Juice Milk	UBR- Chocolate Chip or Cinnamon Protein Item Whole Fruit and/or Juice Milk	Breakfast Bar- Oatmeal Chocolate Chip, French Toast or Cocoa Chip Protein Item Whole Fruit and/or Juice Milk	Cinnamon Roll Protein Item Whole Fruit and/or Juice Milk No Targeted Services on Fridays

***Students must take 3 out of the 4 items.**

Protein Items (offer one daily):

- Cheese Sticks or Cubes
- Trix Yogurt
- Go Big Strawberry Yogurt
- Hard Boiled Egg